

Holter Monitors vs Cardiac Telemetry

To record transient heart rhythm and monitor the signs of irregular cardiac events, most health care specialists rely on Holter monitors or cardiac telemetry. These advanced diagnosis devices allow them to monitor cardiac activity of their subjects and propose appropriate treatments. Most professionals install the latest models of both **cardiac telemetry** and Holter monitoring equipment in their clinics and base the usage on the symptoms of the subjects. Here are a few criteria that are commonly used for making the final decision:



- **Monitoring Period:** Most health care professionals base their choice of monitoring system on the time period for which they need to record the ECG signals. Holter monitors are a great choice for cases that require uninterrupted 24-48 hours of recording, but if the prescribed period is up to 30 days, cardiac telemetry will certainly be a better option. While Holter monitors are used for patients having frequent symptoms of irregular heartbeat, telemetry is a better choice for recording intermittent episodes.
- **Recording Method:** Although both Holter monitors and cardiac telemetry serve almost the same purpose, they differ significantly in the types of recording methods they offer. While Holter monitors are mainly used for continuously recording data, telemetry can be used for listening, recording, and providing atrial fibrillation burden assessments.



- **Storage Medium:** Most Holter systems store the recordings on an internal chip, which is why they offer limited storage options. Cardiac telemetry can store the data locally or transmit it to cloud, as per the requirements.

To improve accuracy, get real-time patient diagnostic information, enhance your efficiency and send your diagnosis to the proper healthcare provider in a timely way, use [**PC-based Holter Monitoring ECG Systems today!**](#)

What are you waiting for? [**Request a demo today!**](#)

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About Nasiff

Founded in 1989, Nasiff Associates is a medical technology company and leader in diagnostic cardiology medical devices including ECG/EKG devices and systems. The first company to produce a clinically useful PC-based CardioResting™ ECG, PC-based CardioStress™ (Stress ECG), CardioHolter™ (Monitor), CardioSuite® ECG System (all-in-one cardiology system consisting of Resting, Stress and Holter) and CardioVitals™. All products are developed and manufactured in the USA to maintain top quality control and unsurpassable customer care. All systems come complete with the Cardio Universal EMR Interface™. More information about Nasiff products can be found at www.nasiff.com.